



SEPTEMBER

This month in Quest we will learn about kindness. We've defined it as showing others they are valuable by how you treat them.

Below is a list of our KidHeights Challenges, memory verse and the weekly bottom lines that we'll be discovering this month. You'll begin to notice that our Bottom Lines will be repeated from Sunday to Wednesday. We are doing this to help reinforce big ideas by showing multiple ways a Bottom Line is seen in scripture. We hope and pray you use this to lead your child in a growing relationship with Jesus.

MEMORY VERSE:

"Do to others as you would have them do to you."
Luke 6:31 (NIV)

SEPTEMBER 6: There's always time to be kind.

We learned today that we should make time for others. Jesus showed that He always made time for others, even kids! (Mark 10:13-16). Who is someone we can make time for? When we do, how can we show them kindness?

SEPTEMBER 13: Be kind to your family and friends.

Ruth (Ruth 1 & 2) was kind and selfless with her mother-in-law. We reflect Jesus when we are kind to others, including our family and friends. What are some ways you can be more kind to family and friends this week?

SEPTEMBER 20: Be kind to people who are overlooked.

Jesus says that when we show kindness to 'the least of these', it's like we're showing kindness to Him (Matthew 25:35-40). Some people are easier to show kindness to than others, but everyone deserves to be treated like they're valuable.

KHC: Find someone you've overlooked and show them kindness. Write down who it was and what you did. Have your parents sign off that you did this challenge.

SEPTEMBER 27: Be kind to people who aren't kind to you. (Luke 6:27-36)

Kindness is a way we can show others God's character and who Jesus is. Who is someone you can show kindness to that may not be kind to you?

Special Night

Dress: KidHeights Kickoff (Dress up to represent your favorite sports team)

Food: Dippin' Dots