



JANUARY

This month in Quest we will be learning about Commitment. We've defined it as making a plan and putting it into practice.

Below is a list of our KidHeights Challenges, memory verse and the weekly bottom lines that we'll be discovering this month. This semester we are adopting a new model of Bible study in our small groups; S.O.A.P.. This stands for Scripture, Observation, Application and Prayer. Each week in small groups, we will look at a verse, observe the details of the story/verse and then how we can apply that to our lives and end in prayer.

MEMORY VERSE:

Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.

1 Timothy 4:8 (NIV)

JANUARY 10: Practice hearing what God says

We learned today that we need to not just listen to what God says but to hear Him, to do what He says. We read James 1:22-25 and talked about what we need to do to hear AND do. What are you hearing from God and as a result need to do?

JANUARY 17: Practice praying to God.

God wants us to talk with Him, about everything! We read Philippians 4:6-7 and talked about the reasons we should pray to God. We need to ask God for help or for others, thank Him for all He's done and is doing, and for Him to help us look and act more like Jesus.

JANUARY 24: Practice talking about God.

Tonight we read Romans 10:9,11, 13-15. Read it together and talk about WHO we can talk with God about.

JANUARY 31: Practice living for God.

Tonight we read Colossians 3:13. Everything we do we do it for God, the best we can. Living all out for God means we take all that we know about Him and apply it to all parts of our lives.

Special Night : January 31st

Dress: Best of the Wild West (Dress up in your best cowboy/cowgirl getup!)

Food: Popcorn